## "The Third Curriculum"

Student Activities have been called by many names over the years, and while the definition of "curriculum" historically has caused much debate, the appropriate title recognizing student activities lacks universal acceptance. The term "extracurricular activities," gives the impression that they are outside the curriculum. Today in education, student activities are accepted as a major part of the total school program.

The "Third Curriculum," seems to be the best title, as it implies two additional curricula. The first is the course work required to earn a high school diploma. The second curriculum allows for student choice, exploration, and specialization that comprise the electives our students study to prepare for post-secondary schooling or work. The third curriculum, student activities, represents a wide variety of school-sponsored teams, clubs and organizations. Research reveals that it is in these activities students learn how to apply the skills learned in the first two curriculums.

The lessons learned from the third curriculum include critical lessons in leadership, fellowship, character, communications, teamwork, decision-making, self-worth, and individual potential.
Success in college can be accurately predicted from quality of individual achievement in
activities. Grades in high school, class rank, and ACT or SAT scores and involvement in co-curricular activities are, combined, the best indicator of future success. Notably, studies of school dropouts have consistently shown that students who leave school prior to graduation are students who are unlikely to participate in student activities.

In short, co-curricular activities play an integral role on campus -- they improve school climate, they teach valuable lessons in leadership, and they serve
as a creative outlet that enhances the overall educational experiences for students.

## Consolidated High School District 230 <br> STATEMENT OF PHILOSOPHY FOR CO-CURRICULAR EDUCATION

Consolidated High School District 230 believes that the primary function of the participation of students within the co-curricular program is to promote lifelong personal growth and development.

Student participation in the co-curricular program can encourage individual development by providing opportunities for leadership, sportsmanship, fellowship, teamwork, commitment to goal achievement, communication skills, competition and school pride.

Through their involvement in the program it is expected that students will improve their decision-making processes, develop self-discipline, respect individual differences and promote a healthy attitude addressing challenges.

The co-curricular student activity program is an opportunity and a privilege afforded students in High School District 230. The Board of Education, Administration and Faculty encourage all students to become involved in co-curricular activities which the

District provides and supports.

Carl
Sandburg
High School


## 2004-2005

## GUIDE TO ACTIVITIES, CLUBS, AND INTRAMURALS

## ACTIVITIES/CLUBS

| Art Club | $(1)$ | J.E.T.S | $(1)$ |
| :--- | :---: | :--- | ---: |
| Art Metals Club | $(1)$ | Jazz Band | $(3)$ |
| Audio Visual | $(1)$ | Key Club | $(1)$ |
| Auto Club | $(1)$ | Literary Magazine | $(1)$ |
| Band | $(3)$ | Mathletes | $(1)$ |
| Band (Voce) | $(3)$ | Model UN | $(1)$ |
| Business Professionals | $(1)$ | Mu Alpha Theta | $(4)$ |
| of America | $(1)$ | Musical | $(3)$ |
| Calligraphy | $(1)$ | National Honor Society | $(4)$ |
| Chess Club | $(3)$ | Newcomer Club | $(1)$ |
| Choral | $(2)$ | Newspaper (The Aquilla) | $(1)$ |
| D.E.C.A | $(1)$ | Orchestra | $(2)$ |
| Debate | $(1)$ | Orchesis | $(3)$ |
| Drama Club | $(3)$ | P.O.W.E.R | $(1)$ |
| Drama/Theatre Acting | $(1)$ | Peer Helpers | $(1)$ |
| Drama/Theatre / P.A.C. Tech | (3) | Peer Mediation | $(1)$ |
| First Class | $(3)$ | Pep Band | $(3)$ |
| Flag Corp | $(1)$ | Pep Club | $(1)$ |
| German | $(2)$ | Quill and Scroll | $(4)$ |
| I.C.E | $(1)$ | Radio and TV | $(1)$ |
| International Club | $(1)$ | S.A.D.D | $(1)$ |
| Internet Club | $(1)$ | Scholastic Bowl | $(1)$ |
| Intramurals |  |  |  |

Science Club ..... (1)
Snowball ..... (1)
Spanish ..... (1)
Speech Team ..... (3)
Spring Musical ..... (3)
Student Council ..... (2)
Swim Guard ..... (1)
V.IC.A. / Skills U.S.A. ..... (2)
Yearbook (The Poet) ..... (1)
Youth and Government ..... (3)

## How to sign up:

Students can sign up in the main office as well as listening to morning announcements and watching for sign up information on activity bulletin boards.

In addition, the number following the club name is a guide to other pertinent information:
1 = Open Membership
2 = Class Enrollment Prerequisite 4 = Academic Honorary

